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(54) SKIN EXTERNAL PREPARATION

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PURPOSE: To obtain a skin external preparation for remedying the heel with chapped keratin or corns, having excellent moisture retaining effect, making soft and smooth skin, showing antimicrobial action and inhibitory action on sebum secretion free from side effects, containing an arachidonic acid-containing lipid as an active ingredient.

CONSTITUTION: A skin external preparation containing an arachidonic acid-containing lipid as an active ingredient. In use, the active ingredient is blended with components such as an oil, water, a surface active agent and a humectant and in the case of especially a skin keratin improver, the blend is mixed with 0.001~10%, especially 0.01~5% antioxidant. An arachidonic acid-containing lipid produced by a mold belonging to the genus *Mortierella* is preferable as the active ingredient and further one extracted from a fish oil is also usable. The amount of the active ingredient is 0.001~30wt.%, preferably 0.5~20wt.% in the case of skin cosmetic, 0.001~10wt.%, preferably 0.05~5wt.% in the case of a remedy for skin acne and preferably 0.1~5wt.% in the case of the skin keratin improver.